

LESSON - 1

STORY OF MOSES

1. Why did Moses flee from Egypt?

During his stay in Pharaoh's palace Moses killed an Egyptian who was fighting with a Hebrew. When Moses came to know that the news of this killing reached Pharaoh's ears, he fled from Egypt to Midian.

2. Where did God appear to Moses for the first time?

The God appeared to Moses for the first time at Mount Horeb in a burning bush.

3. Write the signs given by God to Moses so that his people will believe him?

The Two signs given by God to Moses are :

- 1) When Moses put his staff to the ground it became a snake. When he took it by the tail it turned back to the staff again.
- 2) When Moses put his hands inside his cloak and when he took it out it was white like the hands of a leper. When he again put his hands inside his cloak and took them out; they were back to normal.

4. What was the task God entrusted upon Moses?

The task God entrusted upon Moses was to rescue the Israelites from Egypt to a spacious, rich and fertile land called Canaan.

5. Why did God ask Moses to take Aaron with him?

Moses was slow to speak because he was a stammerer. So God asked Moses to take his brother Aaron to assist him to speak to the people what all God had spoken to Moses.

Fill in the Blanks

- 1) Joseph's brothers came to Egypt when Joseph was the Prime Minister there.
- 2) The King of Egypt was known as The Pharaoh.
- 3) The king of Egypt was afraid of the Hebrews because the Hebrews grew in number and power.

4) The name 'Moses' was given by Pharaoh's daughter.

5) Moses stayed in the Egyptian palace for 40 years and God appeared to him when he was 80 years old.

Match the following

Group A

Group B

- | | | |
|------------|---|--|
| 1) Moses | → | A) The mountain of God |
| 2) Gershom | → | B) drawn out of water |
| 3) Horeb | → | C) I have been an alien residing in a foreign land |

Lesson – 2 - THE ISRAELITES OPPRESSED

1. How did Pharaoh oppress Israelites ?

Israelites had to work like slaves on mud and straw to make bricks. They had to work hard to complete the required target. If they failed to finish the required number of bricks they were beaten by the supervisors.

2. What was the miracle performed by Aaron?

Aaron threw his staff down and it became a snake. Pharaoh's magicians in Egypt also did the same trick. But the snake from Aaron's staff swallowed all other snakes.

3. What assurance did Jacob give to his sons on his death bed?

Jacob assured his sons at his death bed that God will be with them and He will bring them again to the land of their fathers.

Fill in the Blanks

- 1) Israelites has to work on **mud** and **straw** to make bricks.
- 2) Moses and Aaron went to Pharaoh and requested him to give three days for the Israelites to go in wilderness and **celebrate the festival of God.**

Who said to whom and when

“ I will bring you into the land that I swore to Abraham, Issac and Jacob; I will give it to you for a possession “

ANSWER : God said these words to Moses during his Prayer.

LESSON – 3
TEN PLAGUES

Questions & Answers:

1. What was the reason for the ten plagues?

Ans. Pharaoh had sinned by not bothering to listen to the demand of God to release the Israelites for worshipping God. This was the reason for the ten plagues.

2. What was the tenth plague?

Ans. Death of the firstborn in the land of Egypt was the tenth plague.

3. Why was the festival of Passover instituted?

Ans. The festival of Passover was instituted by the Lord to save the Israelites from the tenth plague; which was the death of the firstborn in Egypt.

4. Who is the sacrificial lamb for all?

Ans. Jesus Christ is the sacrificial lamb for all.

Fill in the blanks:

1. When the magicians could not perform the plagues with their magic, they understood that God of Israel is the real and powerful God.
2. Pharaoh permitted Moses to take his people out of Egypt, when the tenth plague hit the country.

LESSON – 4

DELIVERANCE FROM EGYPT

Questions & Answers:

1. Name the month in which the deliverance from Egypt happened ?

Ans : Abib.

2. Name the festivals instituted by God for Israelites when they were delivered from Egypt. How did they celebrate those festivals?

Ans.

1. Festival of Passover
2. Festival of unleavened bread –Observed every year for 7 days and eat only unleavened bread during that period.
3. Consecration of firstborn – The first born of livestock is set apart for Lord and sacrificed and every firstborn male child is surrendered to God.

Fill in the blanks:

1. The festival of Passover is observed during the month of Abib.
2. Consecration of the firstborn was instituted by God as the memory of the deliverance from slavery through the tenth plague.
3. The Israelites lived in Egypt for 430 years.
4. The Israelites observed the festival of unleavened bread for 7 days.

Match the following

Group A

Group B

- 1) Christmas → a) Resurrection of Jesus
- 2) Easter → b) Jesus was crucified
- 3) Good Friday → c) The day at which the disciples were filled –
with the Holy Spirit
- 4) St.Thomas day → d) Birth of Jesus
- 5) Pentecost → e) the day on which the relics of St.Thomas –
were transferred to Edessa

LESSON 5 – CROSSING THE RED SEA

Question and Answers

1) How did God guide the Israelites during their journey from Egypt

Ans : During the day the Lord went in front of the Israelites in a pillar of cloud and in a pillar of fire during the night to provide light. Thus they could travel during day and night.

2) How did the Israelites crossed the Red Sea ?

Ans : As per God's command Moses stretched his hand over the Red Sea. A strong east wind blew which divided the water and a dry land appeared. The Israelites marched through the dry land, with the water standing like a wall on the right and left.

3) How did the Lord save the Israelites from the Egyptian army that followed them ?

Ans : The angel of God and the pillar of cloud moved behind the Israelites. The cloud became darker and that blocked the Egyptians from advancing further and reaching the Israelites.

Who said to Whom and when

1) "Did you bring us out because there were no graves in Egypt

Ans : The Israelites asked these words to Moses when the Egyptian army followed them and they faced death.

2) " The Lord himself will fight for you; and there is no need for you to do anything "

Ans : Moses told these words to Israelites when they complained to him about the Egyptian army following them.

LESSON – 6

JOURNEY THROUGH THE WILDERNESS

1. What is the name of Aaron's sister?

The name of Aaron's sister is Miriam.

2. Israelites started their journey in Egypt. Which was their destination? Mention the specialties and importance of that place.

Israelites started their journey from Egypt to the promised land of Canaan, the land that was promised by the Lord to Abraham, Isaac and Jacob. Canaan was called as the Land flowing with milk and honey.

3. Why were the Israelites taken to the Red Sea through the desert that was a longer route?

There was a possibility of having a fight with Philistines and that might discourage the Israelites in the initial part of the journey forcing them to go back to Egypt. Hence a longer route was chosen.

4. How did Moses turn bitter water into fresh water?

On Lord's command Moses, put a certain piece of wood into the water and the water became fresh.

5. Why was Marah known by that name?

Marah was known by that name because the water there was bitter.

Fill in the Blanks

- 1) From Egypt, Lord led the Israelites through the desert towards **Red Sea** in the initial part of their journey.
- 2) Israelites traveled **three** days in the desert without finding water. Then they reached at **Marah** and found water

Lesson – 7

HEAVENLY MANNA AND WATER FROM THE ROCK

1. What was the food provided from heaven for Israelites?

The food from heaven was the bread of Heaven which was called Manna.

2. What were the instructions given by God along with food?

God instructed the people to go out every day and gather enough food for that day (one omer). On the sixth day they have to bring twice as much as usual ; as the following day was Sabbath and there won't be any food from Heaven on that day.

3. How did the Israelites get water in the desert at Rediphim?

Moses prayed to God and upon God's direction he went to a nearby rock and struck the rock with his staff and water came out.

4. How did the Israelites win the war against the Amalekites?

Moses climbed a hill nearby with Aaron and Hur. He kept his hands raised and Israelites started winning. They started losing when his hands came down. Aaron and Hur supported to raise Moses' his hands till sunset and thus Israelites won.

5. What is the importance of Sabbath?

Sabbath is the seventh day, the day of the Lord. It is a day of rest. Everyone is to stay where he is on the Sabbath day and not leave his home.

Fill in the blanks

- 1) Moses produced water from the rock at Rephidim desert
- 2) Moses sent Joshua with selected men to fight the war with Amalekites.

LESSON -8

TEACHINGS OF JESUS

QUESTIONS AND ANSWERS

1. When did Jesus express his ability to teach?

Ans: Jesus expressed his ability to teach by debating on the theological matters with the group of teachers while he was at the Temple of Jerusalem at the age of 12.

2. What was the mistake of Scribes and Pharisees?

Ans: The mistakes of the scribes and Pharisees as per Jesus include:

1. Putting heavy burdens on the hearers.
2. Not practicing what they taught.
3. Glorification of God's name was not their aim.

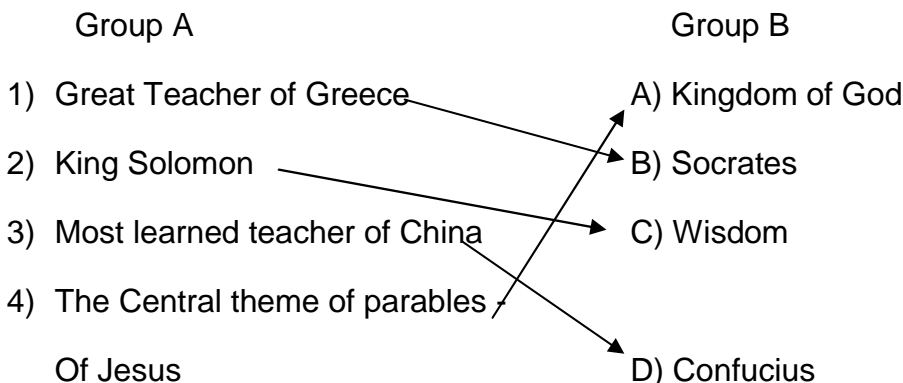
3. What is meant by a parable?

Ans: A parable is a story in which an idea of the Kingdom of God is compared to something known in our daily life.

4. Give 5 areas from which Jesus took his parable?

Sl	Type of Parable	Examples
1	Agrarian Parable	Sowing the seeds, Pruning of vine, Harvest
2	Fishermen's stories	Fishing the people, the net which contains all
3	Shepherd's world	Door of the sheep, shearing of the sheep
4	Household themes	Father and two sons, Father and children sleeping
5	Women's world	Salt, Lamp, stitching of old rags

Match the following



Choose the Correct answer from the bracket and complete the sentence

- a) Jesus compared the Pharisees with(great leaders, **false prophets**)
- b) Jesus teaching was at (**Synagogue of Nazareth**, Mount Olive)
- c) We cannot succeed unless we get the (**wisdom of God**, Knowledge from TV)

Lesson 09

GOD LOVES YOU: A SON LOST AND FOUND

Question and Answers

1) Why did the younger son return to his father ?

After wasting all of his father's wealth, the younger son had nothing to eat and was helpless. Further, he thought about his father's house and realized that he is poorer than a servant there. This made him repent and return to his father's house.

2) What happened when the younger son returned to his father?

When the younger son returned to his father the following incidents took place :

- a) When the father saw his son returning, he ran down the road to reach his son, threw his arms around him and kissed him
- b) The father put a robe of honor on his son, gave him new ring and sandals to show that he is fully accepted as a son
- c) A feast was prepared to share the joy.

3) What is the consequence of sin if do not confess it?

If we don't confess our sins, we will feel guilty and this will lead to lack of peace of mind. This in turn can cause various diseases.

4) Why is confession important in our lives?

When we truly confess, God will forgive our sins and accept us as His sons and daughters. Confession has great effect on the mind and the body.

True or False

- 1) We can commit sin since God loves us (True or False) – **FALSE**
- 2) The attitude of the elder son is correct (True or False) – **FALSE**
- 3) The father refused to accept the younger son when he returned home after wasting his wealth (True or False) – **FALSE**
- 4) God the father and the angels in heaven rejoice when a sinner repents and turns to God (True or False) - **TRUE**

Who said to whom and when

1) *“ Father, I have sinned against heaven and against you. I am no longer worthy to be called as your son “.*

Answer : The younger son said to his father when he returned home.

2) *“ My son everything I have is yours. But we have to celebrate and be glad, because your brother was dead and he is live again ;he was lost and is found “.*

Answer : The father said to his elder son when he complained about the celebrations on the return of his younger brother.

LESSON 10

Love your neighbour : The Good Samaritan

QUESTIONS & ANSWERS

1) **What are the basic requirements for entering into Kingdom of God?**

The two basic requirements to enter the Kingdom of God are a) Love God and b) Love your neighbors.

2) **Who helped the wounded man?**

The Good Samaritan helped the wounded man.

3) **Who is a good neighbor?**

A good neighbor is one who loves and helps others who are in need irrespective of their family, status and place they belong to.

Fill in the Blanks

1) Jericho lies about twenty kilometers north east of Jerusalem

2) Nobody can love God without loving others

Match the following and mark the answers in the table

Group A

1) Levite

2) To enter Kingdom of God

3) A city located 20km northeast –
of Jerusalem

4) Love others

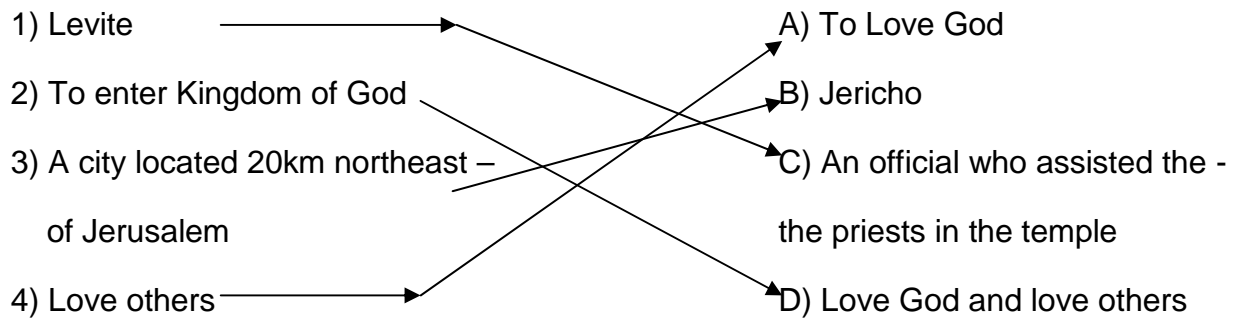
Group B

A) To Love God

B) Jericho

C) An official who assisted the -
the priests in the temple

D) Love God and love others



LESSON – 11

HEAR THE WORD OF GOD: THE PARABLE OF SOWER

1. How can we keep ourselves ready to receive the Word of God ?

God cannot work in us if we don't prepare our hearts to receive Him. We should become like the good field which has been sowed properly and made ready for the seed to grow well.

2. What happened to the seed that fell on good soil?

The seed that fell on good soil came up, grew and produced good crop, multiplying thirty, sixty or even a hundred times.

3. What is the message you understand from parable?

We should become like the good field which has been sowed properly and made ready for the seed to grow well. Only if we become the good field for the Word of God and accept the Word of God in our hearts to multiply it to thirty, sixty or even a hundred times; lessons about God will grow in us and we can become the children of God.

4. What are the difficulties faced by a Christian in growing in the Word of God ?

The difficulties faced by a Christian are Satan, problems and worries in life and desires for worldly things.

Match the following in Group X / Group Y and Group Z

Group X	Group Y	Group Z
1) Some Seeds fell on the path	A) The seed came up, grew and produced good crop	P) People who hear the word with joy. But they cannot face any problems and would give up
2) Some seeds fell on the rocky places	B) The thorns grew up and choked the plants	Q) People who hear the word. But, Satan comes and take away the word
3) Some seeds fell among thorns	C) the birds came and ate them up	R) People who accept the word and live accordingly
4) Some seeds fell on the good soil	D) They grew, but withered when the sun came up	S) People who receive the word. But the worries in life and desires for other things in them do not allow the Word to grow and give fruit

Answer

Group X	1	2	3	4
Group Y	C	D	B	A
Group Z	Q	P	S	R

LESSON - 12

Be vigilant : the ten virgins

1. Which are the two groups of people in the parable?

The two groups of people in the parable are the wise virgins and the foolish virgins.

2. Why did the girls with extra oil not lend some oil to others?

The five girls with extra oil did not lend the same because they knew that there may not be enough oil for them to share with the other five girls who do not have sufficient oil.

3. What is the message of this parable?

We do not know anything about the second coming of Lord Jesus. Just waiting for Jesus is not good enough. We should be vigilant and be prepared to receive Him.

Who said to whom and when

1) 'No , there may not be enough oil for both you and us, you go and buy from outside'

The wise virgins told the foolish virgins when the bridegroom arrived at an unexpected hour and the foolish virgins hadn't enough oil with them.

2) ' I tell you the truth I do not know you '

The bridegroom told the foolish virgins when the foolish virgins requested him to open the closed doors for them after bringing sufficient oil.

Fill in the Blanks

1) In the parable of ten virgins, the oil stands for **faith** and good **deeds**

2) We should be **vigilant** and be **prepared** to receive Jesus

LESSON - 13

USE YOUR GIFTS : STORY OF THE TALENTS

1. In the parable of talents , how many talents did the master give to his servants?

The master gave five talents of money to the first servant, two talents to the second and one to the third.

2. What did the servants do with the talents?

The one who received five talents went off and traded with them and made another five more. The one who got two talents made two more. The one who received one talent hid it under the ground.

3. What do you understand from the parable of talents?

God expects us to be faithful to Him effectively by utilizing the talents and trying to improve them for His glory, and then He provides us more. Not using our talents will be a cause of condemnation.

Who said to whom

“Well done, good and faithful servant ! You have been faithful with a few things: I will put you in charge of many things. Come and share your master’s happiness”

Ans : The master to the two servants who utilized their talents effectively.

Fill in the Blanks

- 1) Talents represent spiritual gifts and opportunities given to us taking into account our natural abilities, intellect and background
- 2) The parable of talents help us to succeed in our practical life and also help us to convey the message of God to others in the best possible way

LESSON - 14
BE HUMBLE: THE WASHING OF FEET

1. How did Jesus put his teaching into practice?

According to the Jewish custom, the feet of the guest were to be washed before the feast. This act was done usually by a slave who is appointed by the master. Here the master was Jesus and the guests were the disciples. Jesus the master, showed by example to his disciples how humble a person could become, by washing their feet.

2. Where did Jesus and his disciples assembled for the Passover feast?

Jesus and the disciples assembled for the passover meal in the upper room of Mark's house.

3. What did Jesus say about those who wanted to be first?

Jesus said if one wants to become first, he must be the slave of the rest.

4. Who is known as the 'mother of the poor'?

Mother Teresa is known as the 'mother of poor'.

Fill in the Blanks with suitable words from the bracket

(obedience and humbleness, servant, humility, by serving the poor, God's love, creation, great)

- 1) **Humility** is one of the noblest qualities that all of us should practice
- 2) We can do the work of Jesus **by serving the poor**
- 3) Service can be sincerely practiced only out of **God's Love**
- 4) The **obedience and humbleness** of Jesus should be the model for us
- 5) Man is the crown of God's **creation**
- 6) If anyone want to be **great**, he must be the **servant** of the rest

LESSON 15

CHRISTIANS AND RULERS : PERSECUTIONS OF CHRISTIANS

1) What were the reasons for persecution of Christians by Roman emperors ?

- Ans :
- 1) Refusal to worship the Roman emperors.
 - 2) Christians were considered as Godless people as they don't had any idols.
 - 3) Interpretation of prayers held at houses as secret meetings against the State as Romans feared the fast growth of Christianity.
 - 4) Refusal of Christians to join Roman army.
 - 5) Christians were treated as Cannibals as they used the words " this is my body, this is my blood " during the Holy Eucharist.

2) What was the impact of persecutions on Christians ?

The impacts of persecutions were

- 1) The Christians confirmed their faith.
- 2) Improved unity among Christians.
- 3) Literatures published during persecution helped others to understand Christian faith.
- 4) Status of Christians improved as they were even ready to face death.

3) Give few names of emperors who persecuted Christians ?

Ans : Domitian, Septimus Severus, Decius, Valerius and Diocletion, Nero.

Fill in the Blanks

- 1) We observe June 29 as the memorial of St.Paul and St.Peter
- 2) The Persecutions became the greatest inspiration for the whole Christian community
- 3) The first martyr of early church was St.Stephen

LESSON 16

CHRISTIANS AND RULERS : PERSIAN IMMIGRATION

1) How did St.Thomas Christians come to be known as Syrian Christians?

Ans : The close interactions of St.Thomas Christians with the Persian churches gradually resulted in the acceptance of some of the East Syrian liturgical forms of worship in the Indian Church. Later the St.Thomas Christians came to be known as Syrian Christians.

2) Give a short account of the migration of Persian Christians to India?

Ans : First migration covering around 400 Persian Christians in A.D.345 came to India under the leadership of Thomas of Cana. Second migration was in A.D.823 under the leadership of merchant Sebriso. As per scholars the two migrations occurred to escape from the terrible persecutions of the Kings in Persia.

Fill in the Blanks

- 1) The head of St.Thomas Christians in early centuries was known as Arch deacons
- 2) Thomas of Cana was the leader of Persian Christians who migrated to India in A.D.345
- 3) The Title of the supreme head of Indian (Malankara) Orthodox Church is The Catholicos of The East
- 4) The Bishops who came to Kollam from Persia in A.D.823 were Mar Sapor and Mar Aphrod

LESSON 17

CHRISTIANS AND RULERS : SPECIAL RIGHTS TO KERALA CHRISTIANS (COPPER PLATES)

1) Which are the Copper plate grants received by Syrian Christians

Ans : The three copper plates issued to St.Thomas (Syrian) Christians are

- 1) The Copper plate granted to Thomas of Cana by King Kochera Perumal.
- 2) The Copper plates issued to Kollam Tharissal Church by King Sthanu Ravivarma.
- 3) The Copper Plate granted to Iravikorthan by Emperor Veera Raghava.

2) What is the significance of copper plate grants in the history of our church ?

Ans : The Copper Plates prove the status of our forefathers in the society and speak of their significant contributions to the society in the past.

Fill in the Blanks

- 1) The Tharissal(orthodox) church at Kollam have got copper plate grants from King Sthanu Ravivarma.
- 2) King Kochera Perumal gave the town named Mahadeva to the Christians through the copper plate grant given to merchant leader Thomas of Cana.
- 3) The copper plate grants prove the status of our fore fathers in the society and speak of their contributions to the society in the past.

LESSON 18

WHY SHOULD WE BELIEVE IN GOD

Q1: How God Communicate with us in our daily life?

Ans: God is communicating with us in our daily life through the Church, the Bible, nature, experience in our life and through the people who believe in Him.

Q2: Write the important event in the life of Jesus Christ which is the greatest reference to God's Existence?

Ans: Jesus Christ's resurrection is the greatest reference to God's existence.

Fill in the Blanks

1. Jesus Christ revealed God **through His words and activities.**
2. **Faith** is basically our trust in God as a response to His **self-revelation.**
3. We should live in **faith** and obey the **commandments of God.**

Lesson 19 - GOD LOVES THE WORLD

Questions

Q1: Why did God send Adam and Eve away from the Garden of Eden?

Ans: Adam and Eve deserved to be put to death for eating the fruit of the Tree of Knowledge. But God knew that if they eat the fruit from the Tree of Life too; they would receive Eternal Damnation. Hence they were sent out of the Garden of Eden.

Q2: How can you know that God loves this world?

Ans: God's love for the world is revealed in the birth of Jesus Christ.

Q3: Why did Jesus come to this world?

Ans: The birth of Jesus shows God's mercy and care for human beings. Jesus came to this world to save us from sin and give Eternal life.

Q4: What are the two responses of the people who are loved by God?

Ans:

1. We should love God from our heart, be grateful for His Love & care and should not put trust in anybody else other than God.
2. We should love our neighbors as we love ourselves.

Fill in the Blanks

1. The two trees of the Garden of Eden were the Tree of Knowledge and Tree of Life.
2. Moses was an instrument of God when He saved the Israelites.
3. Even the sinners are loved by God.
4. Those who love God will not hate other people.
5. Jesus prayed: "Lord be merciful to these who do not understand what they are doing".

Lesson 20 - PLACE OF THE BIBLE IN OUR LIVES

Questions

Q1: How should we make use of the Bible in our personal lives?

Ans: We should make use of the Bible in our personal lives through the following practices.

- A) The Bible is God's Word and our faith is built upon it. So consider the Bible as the foundation of Christian Faith.
- B) Read and study the Bible regularly and meditatively as God is talking to us through it.
- C) We should manage our lives according to God's Word. We should understand God's message and practice it since it gives progress in our spiritual life.
- D) We should rejoice in God and praise His name always and share with others the happiness of being a child of God.

Q2: Reading the Bible regularly helps us a lot. How?

Ans: Reading the Bible regularly helps us to know God, to grow in faith, to change our life and way of thinking, to attain more wisdom and to get equipped to serve God. It provides hope and assurance for eternal life and brings comfort in our difficult situations.

Lesson 21- HOW TO PRAY

Questions

Q1: What should be the content of a prayer?

Ans: Following are the three contents of a Prayer:

- 1) Praising God- Praise is the highest form of communication with God.
- 2) Repenting of our sins –Repentance is a basic requirement of Prayer.
- 3) Seeking God's help – We can seek God's help to face the difficulties in our life.

Q2: Which are the occasions of Prayer?

Ans: Following are the occasions of our prayer.

- 1) Normally at our house we have to pray morning and evening.
- 2) Pray before our meals, before undertaking special tasks, while visiting others, while visiting sick people.

Q3: How should you pray?

Ans: We should find some time to stay alone in prayer every day. We have to stand up while praying and using the prayer books and have to bow down three times whenever we recite the trisagion and the Nicene Creed.

Fil in the Blanks

1. Prayer is the right time for **repenting** and **confessing** our sins.
2. **Praise** is the highest form of communication with God.
3. We should be **thankful** to God for everything and we should leave everything in the **hands of God.**

LESSON 22

Hymns and Prayers

Prayers

- 1) Karunayulla Daivamae Ninte Vathil njangalude apekshayude swaram muttunnu. Ninnae vannikkunnavaril nine avarude avasyangale nee virodhikkaruthe. Daivamae Njangalude belaheenathayude sahayathinu ninne njangal vilikkunuu. Nallavanae ! njangalude apekshayude swaram kettu ninte anugrahangal njangalude yachanakal nalkumarakenamae

- 2) Shudhamulla Pithave ! Sudhamulla ninte thirunamathal njangale nee kathu kollenamae. Rekshithavaya puthra ! jayamulla ninte sleebayal njangale marechu kollenamae. SHudhamulla Rooha, shudhamulla ninte kudiyirippinu bhavanangalai njangale nee chamaykkename. Njangalude daivamaya karthave ! Neramokkeyilum aella samayangalilum ninte daivathwathinte chirakukalude keezhil aennekkum njangale marechu kollenamae . Amen

Lesson 23

WE INHERIT THE FAITH OF OUR FORE FATHERS

Question and Answers

1) Whom do we consider as the fathers of our church?

We consider the teachers of the church who interpreted the Christian faith through their life, speeches and writings as the Fathers of the Church.

2) How are the church fathers categorized?

We usually categorize them according to the chronological order and also according to the language which they used.

Following are the three categories according to chronological order.

1. Pre Nicene Fathers 2. Conciliar Fathers 3. Post Conciliar Fathers

3) What are the contributions of the church fathers?

Our church fathers are our guides in spiritual growth and faith formation. They gave beautiful interpretation to the Christian faith and helped the Christian community to overcome various challenges of their times. They help us to distinguish the truth and fallacies in the understanding of faith and thus to lead an authentic Christian life.

4) Name some of the fathers of Indian Orthodox Church?

Parumala Geevarghese Mar Gregorios Thirumeni,(Parumala Thirumeni), Vattasseril Geevarghese Mar Dionisius Thirumeni,(Vattasseril Thirumeni), Baselius Geevarghese II, Paulose Mar Gregorios Thirumeni, Rev.Fr.V.C. Samuel

Fill in the blanks

- 1) Patristics is the study of **the fathers of the church.**
- 2) Church fathers fought against heresies like **Gnosticism, Arianism, Apollinarianism, Adoptionism and Modalism**
- 3) The three ecumenical synods are **Nicea, Constantinople and Ephesus**

Unscramble the letters to find the names of the disciples

Scrambled

Unscrambled

- | | | |
|-----|--------------|-------------|
| 1. | AHMTSO | THOMAS |
| 2. | DJEU | JUDE |
| 3. | TPREE | PETER |
| 4. | HPIIPL | PHILIP |
| 5. | INSOM | SIMON |
| 6. | TOHMEWLOORAB | BARTHOLOMEW |
| 7. | NRDWAE | ANDREW |
| 8. | MSEAJ | JAMES |
| 9. | ETHATMW | MATTHEW |
| 10. | HONJ | JOHN |
| 11. | EJSMA | JAMES |
| 12. | EUDJ | JUDE |

LESSON 24

APOSTOLIC FATHERS

QUESTIONS & ANSWERS

1) **Who are the Apostolic Fathers?**

God raised up some people to continue the work of the apostles and to strengthen and help Christians in their faith. These people are known as Apostolic Fathers.

2) **What were the purposes of the letters of Apostolic Fathers?**

The purpose of the letters from Apostolic Fathers were:

- a. To keep the Christians in true faith during persecutions and to give them necessary guidelines on matters regarding Christian life and faith.
- b. To encourage the Christians to grow in the Spirit of God.
- c. To prepare them to face sufferings boldly.
- d. To resolve problems in certain churches.

3) **Give the names of the Apostolic Fathers**

- a. Mar Clemis of Rome
- b. Mar Ignatius of Antioch
- c. Hermas
- d. Polycarpus of Smyrna
- e. Barnabas
- f. Papias of Heiropolis
- g. Unknown author of Didache

Fill in the Blanks

- 1) Mar Ignatius iof Antioch is known in the church history **as the Ignatius the fiery.**
- 2) Didache means **teaching of the Apostles.**

LESSON 25

SANCTITY OF OUR MIND AND BODY

Question and Answers

1) What are the benefits of maintaining the purity of mind and body?

Sanctity and purity of mind and body are important for a proper vision of life and also necessary for a healthy living.

2) How can we use T.V and internet without violating the sanctity of mind?

By not watching of evil through pictures that will lead to evil thought, actions and habits ; we can keep away from violating the sanctity of mind.

3) How can we avail the help from God to maintain the sanctity of body and mind?

To keep the sanctity of body and mind we can seek the help of God in the following ways :

- a) Repeated small prayers.
- b) Receiving the Holy Qurbana.
- c) Filling our minds with teachings of Holy Bible.
- d) With the help of the Holy Spirit we received through Baptism.

Fill in the Blanks

- 1) God is the ultimate source of purity and sanctity.
- 2) Christ will help us to conquer evil passions and temptations.
- 3) Evil actions of all kind will pollute our body and mind.