

Beloved in Christ,



We are approaching towards "the Great Lent period", which is a time of prayer, fasting and meditation. We are embarking on a kind of contest in good works. Let our souls be poised to be vigilant against temptations and the offensive strategies of our

adversary. Our opponents are the evil forces of this world. St. Paul the apostle reminds us that 'for our struggle is not against flesh and blood, but against principalities and powers, against the rulers of this dark world, against spiritual wickedness in heavenly things.' Ephesians 6:12. St. John the Evangelist says, "You are of God, little children, and have overcome them because He who is in you is greater than he (Satan) who is in the world" I John 4:4.

Human life is always in the midst of snares and battles. If we want to overcome it we must be aggressive against the schemes of satan. In this context king Solomon says, "My son, if you draw near to serve the Lord, prepare your soul for temptation." Wisdom of Sirach 2:1. Our Lord was also tempted in the wilderness, but He overcame it with the Word of God. So let us make it a point that whenever we are at crossroads, we should look at the author and finisher of our faith, Jesus Christ.

Lenten periods are known as "Paradise in the worldly life." How can we make this period a paradise. Through meditating the Word of God, fasting & prayer, repentance, confession of our sins and almsgiving. Let us make this Lenten days more meaningful by understanding and reciting the prayer of St. Ephraim:

Lord and Master of my life!

Take from me the spirit of laziness, discouragement,
Lust for power and idle talk.

Instead grant me, your servant, the spirit of purity, humility,
patience and love,

Lord and King, grant me the grace to be aware of my sins
And refrain from judging others;

For You are Blessed forever .Amen.

Dearly beloved, avail yourself of this opportunity for the renewal of your mind and let Christ transform your life in this Lenten period.

In His Service

Jose Mathew Achen

Prayer Meeting Schedule for February 2010								
Date	Time	Host	Group	Bldg #	Floor #	Flat #	Location	Telephone
26/02/2010	6:30 PM	James K.V	St. Andrew	1	2	6	Near ICS (Senior), Salmiya.	2563 3069
05/02/2010	5.30 PM	Rinu Rajan	St. Behnan	121	5	19	Opp. Al-Razi Pharmacy, 3rd Bldg.	2433 7875
12/02/2010		Iype Zachariah		25	2	9	Beside Faiha Grocery.	2431 5256
19/02/2010		Suby George		25	10	30	Fresh Way Super Market Bldg.	9721 8267
26/02/2010		Shajan Philip Thomas		49	GF	1	Beside Electrical Work Shop.	2431 5769
26/02/2010	5:30 PM	Thomas Kurian	St. Dionysius				Venue will be announced later.	2561 6943
05/02/2010	5:00 PM	John Basil	St. Elias		2	8	Beside Pakistan Rest.	9916 2737
12/02/2010		Shine George			5	38	Al Zain Rest.	9963 2069
19/02/2010		Abraham Saji			1	2	Near MGM Nursery.	6637 2801
26/02/2010		Jose V Baby			4	14	Behind Service Station.	9914 9531
05/02/2010	5:00 PM	Thomas Panickar	St. George	40	5	20	Opp. Al Lewa Stores, Corner Bldg.(Old)	2434 5769
12/02/2010		Mathew Varkey		1016	G	17	Restaurant 21 Bldg.	2431 1826
19/02/2010		Alex A Chacko		14	2	6	Behind Telecom. Shorouq Store Bldg.	2431 1825
26/02/2010		Thomas George		1078	2	10	Sky Blue Supermarket Bldg.	2431 2689
26/02/2010	7:00 PM	Lalu V George	St. James	10-B	2	7	Near Pakistani English School.	2564 7253
26/02/2010	8:00 PM	Alex K. Mathew	St. John	37	6	23	Orthodox Bldg. No.2, Salmiya.	9973 8140
05/02/2010	8:00 PM	John Philipose	St. Joseph	11	5	21	Next to U-turn Institute, New Riggae.	2488 5314
05/02/2010	5.30 PM	Thomas Mammen	St. Luke	38	3	9	Hardware Shop Bldg.	9750 2391
12/02/2010		Chacko Cheriyan M		40	4	16	Beauty Parlour Bldg.	9920 3427
19/02/2010		Raju Varghese		58	0	21	New Bahrain Exchange Bldg.	9948 9122
26/02/2010		Abraham Thomas (Rajan)		1783	2	7	Opp. Police Station.	6655 1639
05/02/2010	5.30 PM	Anil George	St. Mark		2	8	Opp. Brightway Rest.	6558 6193
12/02/2010		Jacob V. Job			8	48	Sriragam Furniture Bldg.	9953 2827
19/02/2010		Binu Mathew			4	17	Opp. Salim Store	6608 4911
26/02/2010		Binoy K. Johnny			3	9	Near Teenage Stitching Centre.	6632 2705
12/02/2010	8:00 PM	Geevarghese Joshuakutty	St. Mary		3	17	Near Al Farah Rest., Kheitan.	2471 2789
05/02/2010	5:00 PM	Reji Varghese	St. Mathew		1	1	Opp. Nayana Sweets.	9957 4279
12/02/2010		Koshy Thomas			1	1	Nayana Sweets Bldg.	2434 1946
19/02/2010		Viju K Job			7	22	King Cook Rest. Bldg (New).	2434 3254
05/02/2010	5:30 PM	John Kuriakose	St. Paul	154	7	34	Opp. New Holy Sweets.	6641 3055
12/02/2010		Justin P John		New	3	19	Malabar Saloon Back.	9922 1930
19/02/2010		Tibu Varghese			3	9	Al-Tayabat Meat International.	9727 5988
26/02/2010		Koshy Bose. K		9/B	2	9	Hi-Tech Computer-Right.	6704 3757
12/02/2010	8:00 PM	Mathews Abraham	St. Peter		5	10	Fatima Mulla Bldg., Near Canadian Clinic, Sharq.	6665 4561
05/02/2010	5:00 PM	Ajeesh M Thomas	St. Philipose		6	21	Canary Rest. Bldg.	9985 3901
12/02/2010		Sunil V Abraham			5	20	Opp. Highland Supermarket.	2431 7288
19/02/2010		Varghese Samuel C			2	8	Beside Hadha Centre, Corner Bldg.	9931 8690
26/02/2010		Thomas Thattakunnel			2	3	Boubyan Travels Bldg., Opp. German Clinic.	2431 5675
17/02/2010	8:00 PM	Zacharia Kuruvilla (Mon)	St. Stephens A	8	G	1	Behind Shahin Computers, Maidan Hawally.	9789 4965
05/02/2010	5:30 PM	Rajesh P Varghese	St. Thomas	21	2	6	Golden Tree Rest Bldg.	2434 4750
12/02/2010		Shoby Yohannan		4	6	24	Beside Family Center.	9722 9058
19/02/2010		Zachariah Mammen		13	2	12	Twincy Studio Bldg.	2431 5546
26/02/2010		Alex Zachariah		24	2	3	Behind Family Center.	2434 1192

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