Group	Time	Date	Host	Bldg	Flr	Flt	Location	Telephone
St. Aprem		03-Mar-17	Shabu Mathew	15169	1	5	Opp.Best Bakers Building	66199689
		10-Mar-17	Babu P. Thomas	15126	9	50	Ocean Engineering Building	65527182
	5:00 pm	17-Mar-17	Anooj Mangalam	15195	5	17	Teenage shop Building	60613913
		24-Mar-17	Biju Mathew		2	7	Ferrari Laundry Building	67742697
		31-Mar-17	Aji C Thomas		3	11	Madeena Mini Super market Bldg	94496500
		03-Mar-17	Alexander Thomas Paniker	121	1	4	Oppo.Joy Alukas Exchange-3Rd Bldng	97671075
		10-Mar-17	John George	25_	7	20	New Lulu Exchange Bldng	97958653
St. Behenan	5:30 pm	17-Mar-17	Herman Babu	31	3	17	Opp.Kerala Saloon Bldng	50286033
		24-Mar-17	Jose Thomas Paniker		4		Makka Store Bldng	66271510
		31-Mar-17	Tinkumon Joys		3	11	Near Kyber Super Market Bldng	66450353
		03-Mar-17	Mathew Varghese		5	29	Gulf restorant building	66109676
		10-Mar-17	Mathew PM		1	2	Gulf restorant building	97273041
St. Elias	5:00 pm	17-Mar-17	Titus Mathew		5	21	Candy hotel building.	99436691
		24-Mar-17	Abraham Saji		1	2	Opp. High tech computers	66372801
		31-Mar-17	Jomon Thomas Daniel		3	9	Corner building - near double building.	94160127
		03-Mar-17	Renju George Vengal	-	3	6	Swiss Clinic, Highway side	24318763
0.0		10-Mar-17	Raju Varghese	58	2	7	Old Uniqe Store No.3 Bldg.	24334287
St.George	5:00 pm	17-Mar-17	Roy Varghese	1-14	3	12	Next to Old Pakistani Mosque Bldg.	24313887
		24-Mar-17	Shaji Cherian		4	19	Same as Old Pakistani Mosque Bldg.	24346936
		03-Mar-17	Paul Varghese	4	5	19	Beside Family Bazar	24312418
		10-Mar-17	Shiju Philip	37	2	12	Ruchi Restaurant Bldg.	67040631
St. Gregorios	5:30 pm	17-Mar-17	Sinja i imp		_	12	recent restaurant blug.	0,010031
Jan Gregorios		24-Mar-17	Thomas Varghese	1721	1	2	Fitness Gym Building	24344748
		31-Mar-17	Binson John	1725	5	14	Family Bazar Building	24310767
	5:00 pm	03-Mar-17	Jobi T Kurian	1725	7	32	High Land Super Market Bldg	99120848
		10-Mar-17	Rinu T John		5	20	Noor Store Bldg	55838697
St. Ignatius		17-Mar-17	Shiju John		5	22	Opp Fire Station	66899448
Jul Ighanas		24-Mar-17	Tittu Andrews		2	6	Udupi Rest. Bldg	65663305
		31-Mar-17	Dilp Mathew		5	_	Maharaja Rest. Bldg (Opp Highland)	24337637
		03-Mar-17	John Koshy.		2	13	Mebena Ladies Saloon Bldg.	50151383
		10-Mar-17	Reju Varghese	22	4	20	Opp.Daily Fresh Veg.shop bldg.	66388615
St. Jude	5:00 pm	17-Mar-17	Varghese Kulangara		3	5	Tlmeout Restu.Corner Bldg.	66461591
Jan Jude	3.00 pm	24-Mar-17	Varghese George	111111111111111111111111111111111111111	8	16	Evee veg.Centre Bldg.	98857618
		31-Mar-17	Biju Ullanadu.		7	28	Corner Bldg.Opp.Chapra Mosque	66387935
	5:00 pm	03-Mar-17	Saju Baby		2	6	Pulari Fabrics Building	66180813
		10-Mar-17	Dr. Subu Thomas		3	7	Apsara Bazar Red Building	66786078
St. Kuriakose		17-Mar-17	Joji Mathew M.V.		1	6	Apsara Bazar Red Building	67756418
St. Ranakose		24-Mar-17	Abraham Mathews Karuvelil		2	8	Apsara Beauty Parlour Building	66264938
		31-Mar-17	Gigi Philip		G	84	Blazer Tailors Building	99227841
		03-Mar-17	Jines Pappy John	1713	6	50	Near Makka Store	66955961
	5:30 pm	10-Mar-17	Manoj P Abraham	1713	4	27	Indian Saloon Bldg	69905616
St. Luke		17-Mar-17	Thayyil Pathrose Varghese	1713	3	27	Near Makka Store	66715387
St. Luke		24-Mar-17	Kochukoshy John	1713	2	9	Choice Center Building	99450116
		31-Mar-17	Abraham Thomas (Rajan)	1783	2	7	Tayebat vegetable shop building	66551639
	5:30 pm	10-Mar-17	Ninan Chacko	1703	2	4	Royal Center Building	99497294
		17-Mar-17	M.C Thomas		1	_	Opp.Nice Resturant	69064600
St. Mark		24- Mar-17	John Alias		4	15	Vigy Photos Building	94432955
		31-Mar-17	Prabash Abraham		3	19	Next to Sreeragam Furniture	97540897
	5:00 pm	03-Mar-17	Geevarghese Samuel		1	3	Old Abbassiya Super Market Bldg	99997803
St.Mathew		10-Mar-17	Thomas John		8	57	Swad Restaurant Bldg	97554681
		17-Mar-17	Reji Rajan		12	92	Swad Restaurant Bldg	69973723
		24-Mar-17	Reji Varghese		1	1	Kerala Saloon New Bldg	99574279
		31-Mar-17	Reni Philip		10	73	Swad Restaurant Bldg	50420404
		10-Mar-17	Jijo George		6	26	Vettimoottil Best Bakery Right Side	99387552
St.Pauls		24-Mar-17	Itty Varghese		4		Dyna Supermarhet Bulding	97846950
		03-Mar-17	Prayer at St. George Chappel, Abbass	cia (Prayor 9			, ,	37040330
		33 mai-17	Trayer at 5t. George Chapper, Abbas	ona (i rayer ox	arewe	10 01	agoing cilidicity	

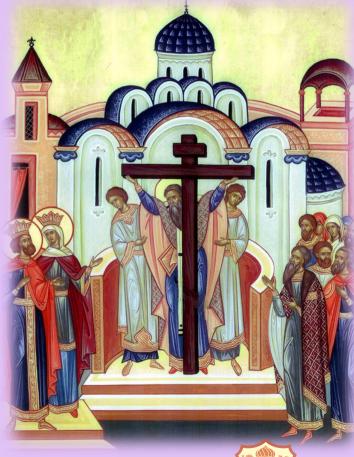
# PRAYER SCHEDULE

Group	Time	Date	Host	Bldg	Flr	Flt	Location	Telephone
St. Philipose	5:00 PM	10-Mar-17	Mr. Mammen Varghese		4	16	Near Thoufa Restaurant	97953260
3t. Fillipose		24-Mar-17	Mr. Thomas T. Varghese		6	5	Bobyan - Rightside Corner Builing	97265136
		3-Mar-17	Sunny Jacob		22	7	Succes line Blgd	66648439
St.Thomas	5:30 PM	10-Mar-17	Sam Ittoop	12	0	25	Dasmah Laundry Bldg	65155743
St. Hibilias		24-Mar-17	Jacob Roy	56	2	7	Hassawi Rest. Bldg	66508109
		31-Mar-17	Saju Varghese		7	23	Succes line Blgd	99264892
St. Andrews	6.30 PM	24-Mar-17	Roy Abraham	22	6	17	Opp. Senior School	66613587
St. James	8.00 PM	24-Mar-17	Mr Shibu Abraham	33	5	22	China Lake Restaurent Building	67046226
St. Peters	7:30 PM	17-Mar-17	Abi Mon Joy		4	12	Biosphere SPA Buliding Sharq	
St. Joseph	8:00 PM	3-Mar-17	Cherian Eapen	59	1	1	New Riggae (Behind Xtreme Mobile- Near Biji Paul Residence	97209156
St.Stephens	8:00 PM	15-Mar-17	Anil K Oommen	337	1	1	Blk-1, St-119, Mahboula, Opp. Petrol Pump	97542992
			A Andrea					
Brahmavar	11.30 AM	10-Mar-17	Office Parsonage		4			

# LECTIONARY

Date	Day	Old Test.	Old / Catholic	Pauline	Gospel
01/Mar/17	Wednesday	Genesis 13:1-5	Isaiah 15:1-4	Rev 17:1-5	St John 17:1-5
02/Mar/17	Thursday	Genesis 13:6-10	Isaiah 15:5-9	Rev 17:6-8	St John 17:6-9
03/Mar/17	Friday	Genesis 13:11-14	Isaiah 16:1-5	Rev 17:9-14	St John 17:10-12
04/Mar/17	Saturday	Genesis 13:15-18	Isaiah 16:6-9	Rev 17:15-18	St John 17:13-19
05/Mar/17	Sunday	Isaiah 33:2-9	Acts 5:12-16	Rom 3:27 - 4:5	ST Luke5:12-16
06/Mar/17	Monday	Genesis 14:1-4	Isaiah 16:10-13	Rev 18:1-3	St John 17:20-26
07/Mar/17	Tuesday	Genesis 14:5-7	Isaiah 17:1-5	Rev 18:4-8	St John 18:1-4
08/Mar/17	Wednesday	Genesis 14:8-12	Isaiah 17:6-10	Rev 18:9-13	St John 18:5-11
09/Mar/17	Thursday	Genesis 14:13-16	Isaiah 17:11-14	Rev 18:14-17	St John 18:12-18
10/Mar/17	Friday	Genesis 14:17-20	Isaiah 18:1-4	Rev 18:18-20	St John 18:19-24
11/Mar/17	Saturday	Genesis 14:21-24	Isaiah 18:5-7	Rev 18:21-24	St John 18:25-29-
12/Mar/17	Sunday	Exodus 4:10-17	Acts 19:8-12	2 Cor 12:7-10	St Mark 2:1-12
13/Mar/17	Monday	Genesis 15:1-5	Isaiah 19:1-4	Rev 19:1-4	St John 18:30-33
14/Mar/17	Tuesday	Genesis 15:6-10	Isaiah 19:5-9	Rev 19:5-7	St John 18:34-36
15/Mar/17	Wednesday	Genesis 15:11-16	Isaiah 19:10-14	Rev 19:8-10	St John 18:37-40
16/Mar/17	Thursday	Genesis 15:17-21	Isaiah 19:15-18	Rev 19:11-16	St John 19:1-5
17/Mar/17	Friday	Genesis 16:1-6	Isaiah 19:19-22	Rev 19:17-21	St John 19:6-10
18/Mar/17	Saturday	Genesis 16:7-16	Isaiah 19:23-25	Rev 20:1-3	St John 19:11-16
19/Mar/17	Sunday	Num 17:1-10	Acts 4:1-12	Rom7:14-25	St Matt 15:21-31
20/Mar/17	Monday	Genesis 17:1-5	Isaiah 20:1-6	Rev 20:1-3	St John 19:17-21
21/Mar/17	Tuesday	Genesis 17:6-10	Isaiah 21:1-5	Rev 20:4-6	St John 19:22-24
22/Mar/17	Wednesday	Genesis 17:11-14	Isaiah 21:6-10	Rev 20:7-10	St John 19:25-27
23/Mar/17	Thursday	Genesis 17:15-19	Isaiah 21:11-17	Rev 20:11-15	St John 19:28-31
24/Mar/17	Friday	Genesis 17:20-23	Isaiah 22:1-4	Rev 21:1-4	St John 19:32-37
25/Mar/17	Saturday	Genesis 17:24-27	Isaiah 22:5-9	Rev 21:5-8	St John 19:38-42
26/Mar/17	Sunday	Isaiah 50:1-5	1 peter 3:8-16	Rom 12:1-15	ST Luke 13:10-17
27/Mar/17	Monday	Genesis 18:1-5	Isaiah 22:10-13	Rev 21:9-14	St John 20:1-9
28/Mar/17	Tuesday	Genesis 18:6-	Isaiah 22:14-16	Rev 21:15-21	St John 20:10-14
29/Mar/17	Wednesday	Genesis 18:1-5	Isaiah 22:17-21	Rev 21:22-27	St John 20:15-18
30/Mar/17	Thursday	Genesis 18:1-5	Isaiah 22:22-25	Rev 22:1-11	St John 20:19-25
31/Mar/17	Friday	Genesis 18:1-5	Isaiah 23:1-5	Rev 22:12-21	St John 20:26-31

# GREGORIAN Parish News Letter



- **Pastoral Message**
- **■** Worship Schedule
- **■** Announcements
- **■** Prayer Schedule
- **■** Lectionary
- **■** Church Calender

St. Gregorios Indian Orthodox Church (Maha Edavaka) Kuwait. Tel/Fax:- 24312064 www.iocq8.org

#### ASSOCIATE VICAR



Dear Brothers and sisters in Christ,

Once again we are approaching the Great Lent of 50 days with an attitude of changing our self in all the way that's pleasing to God Almighty. What is the emphasis of the Fasting? We need to analyze our thoughts and minds substituted with actions which will make our fasting and abstinence meaningful.

In the Old Testament fasting is sometimes preparation for the Feast days, but more generally it is a sign of humility before God. Fasting accompanied mourning and repentance. In time of necessity of danger, it was appropriate for an individual or the whole community to fast. Fasting, so to speak, reinforced urgent prayer.

Fasting in the New Testament was introduced by our Lord Jesus Christ Who gave us a great example of fasting. After His Baptism in the river of Jordan He withdrew into the wilderness where He spend forty days and forty nights in prayer and fasting in preparation for His sacred ministry. Jesus taught his disciples and followers to fast. He told them not to fast like the Pharisees, but when they fast bodily they should be completely natural in their behavior — humble and penitent.

It is widely known that the Orthodox Churches give much importance to fasting. The noun fasting means non-eating and non-feeding. But every non-eater is by no means a faster and everyone who is an eater and restrains himself by an interior dedication from nourishment because of heavenly things is a faster.

In our materialistic society we learn to identify ourselves through self-indulgence and we tend to see the fasting only as a time of deprivation and penance. But this is not at all the view of the Orthodox Church on fasting and abstinence and it is clearly explained by the Fathers in their spiritual discourses. For them, fasting is the feast of the soul and good fasts are like medicine which cures our soul and mind, and, along with other virtuous works, it leads us to the eternal life. In our spiritual battle, fasting protects us from the evil one. It not only resists the attack but also trains our body and mind for the battle.

According to Mar Aprem (4th Century Church Father) fasting is a great weapon against the evil one. Through fasting Christ defeated the Satan and has given us this weapon to overcome the evil. For Philixenus of Maboug (6th century Church Father), fasting and abstinence are the two virtuous weapons for cultivating the field of Christian life. 'Fasting must be undertaken voluntarily and it must be of divine dispensation'. This is the primary teaching of our Church on Fasting. Fast is of free will and it is the voluntary fast which is accessible and permanent.

Fasting becomes highly acceptable when it is joined with humility of hearts, charity towards all men and continuous prayers. The Lenten prayers and liturgy of our Church extols this kind of fasting by giving the Old Testament figures as good examples (Moses, Daniel, Elijah etc.). Fasting is the root by which all the fruits of sanctity are sustained and on this same root grows purity, delights virginity and rejoices patience.

Fasting dispels immodesty, controls the lust and offers the body as a holy temple of God. Therefore, the Church exhorts the faithful to love and practice this highly

acceptable form of Christian life so that it may lead them to the great eternal fast which is going to happen in the eternal bride chamber of life.

Fasting is an art fully mastered by the Saints. These holy men and women, who have taken their religion and fasting seriously, can be of great help to us. They offer a number of recommendations f or fasting.

- 1. Fasting is essential for us to regain control over our bodies.
- 2. Fasting simplifies our lives.
- 3. Fasting "lightens our load" and makes it easier to pray.
- 4. Fasting restores discipline to our lives.
- 5. Another aspect of fasting is abstinence
- 6. Fasting ultimately brings about purity of heart.
- 7. Fasting returns us to a "Paradise-like" way of life.
- 8. Finally, fasting is the foundation of and preparation for every spiritual effort.

Let's approach this Lenten season with prayers for a meaningful change.

Yours in Christ

Fr Jacob Thomas

#### HEARTY WELCOME



Our Diocese Metropolitan H.G.Dr. Joseph Mar Dionysius is expected to arrive in Kuwait on 21st March 2017 His Grace will be leading. Ordination service of Fr Raju Thomas. Kuwait Maha Edavaka extends a very warm welcome to our shepherd.

#### HEARTY WELCOME



Rev. Fr. Rinju P. Koshy, Adoor (Vicar St. Gregorios Orthodox Church, Inchapara) Will Be Visiting Kuwait For The MBM Four Day Divine Convention And Retreat Great Lent. Kuwait Maha Edavaka Extends A Very Warm Welcome To Achen.

### ORDINATION SERVICE OF FR RAJU THOMAS

With the Apostolic Blessing of His Holiness the Supreme Head of our Church and H.G. Dr. Joseph Mar Dionysius., the Diocesan Metropolitan, Our Vicar Rev. Fr. Raju Thomas will be ordained as Ramban (Professed Monk) on Thursday the 23rd March 2017 in the NECK Compound at 04.30 pm with Holy Qurbana followed by the Ordination Service. We exhort all our members to pray for the success of the ordination service.

### COMMON PRAYER MEETING

Common Prayer meeting will be held on 31st March 2017 at St. Marys Chapel Salmiya at 6:30 pm. (included Salmiya's 4 Prayer Groups & St. Stephens prayer Group)

#### FEAST OF ST.APREM

Feast of St. Aprem will be celebrated on Saturday 04th March 2017. Nercha will be served by St. Aprem prayer group at St. George chapel on 04th March 2017, Friday 10th March 2017 at NECK and both chapels after Holy Qurbana.

## SGIOC JUBILEE VEDA MAHA VIDYALAYA

1. Sunday School Final Certificate (SSFC) 2016 Results have been published. Our Sunday School students have secured A+ - 2, A-5, B+-9, B-10, C+-4, C-10 & D-18. SS congratulates all successful student their parents and teachers for the outstanding results.



2. Ms. Alana Ann Prakash (Reg. No.# 1345) our SS Regular Student secured A+ with 90 marks the highest in our SS for the SSFC 2016 Exams.



- 3. Mrs. Jojy Jacob our SS Teacher (Private Student) declared as one of the SSFC OKR TOPPERS with A+ securing 97 marks. SS extends their best wishes to all those who are appearing for the Class10th & 12th Board Exams.
- 4. SS CHARITY DAY 2017 (JeevaKarunyaDinam) All parents are requested to send the Charity Cover back at the earliest.
- 5. SS Smart Cards were distributed last month; all are requested to take good care of it.
- 6. Holy Qurbana Attendance will be marked at all Worship Locations on Friday, 10th March, 2017.
- 7. OVBS this year will start from 8th to 22nd June. All are requested to adjust their Annual leave accordingly.
- 8. All students and teachers are requested to observe the Great Lent with reverence and be blessed. All students who have attended the Rededication last year are requested to attend confession during the Lent.
- 9. SS Thank all the PTA & MC for the great support in conducting the SS Anniversary on 23rd Feb.

# MARTH MARIAM SAMAJAM

Chain prayer on 7th Tuesday 6.00 PM to 8th Wednesday 6.00 PM . Monthly Meeting will be held at NECK on 16th March @ 5.30 PM

Fasting prayer- on 25th March. 2017 Saturday at 9.30 AM at Parsonage office, Abbassiya

#### ELECTION GENERAL BODY

Election General Body Meeting of our Parish is scheduled to be held on Tuesday 28th March, 2017. Ward election is scheduled to be held on Friday 24th March, 2017 at Salmiya Chapel and Abbassiya Parsonage and at 3:00 pm and 7:00 pm respectively. All members are requested to settle their respective dues before Wednesday, 14th March 2017 to ensure their eligibility

#### INDIAN ORTHODOX MERCY FELLOWSHIP

IOMF Election General Body and 4th Founders day celebration will be held on Friday, 31 March 2017.

#### MAR BASELIOS MOVEMENT

Monthly Prayer Meetingwill be held on Thursday, March 9 at 8.00 PM at Chachoos Auditorium, Abbasiya.

General Body Meeting will be held on Friday, March 31 at 11.30 AM at Chachoos Auditorium, Abbasiya.

#### കൺവൻഷനം ധ്യാനപ്രസംഗവും

മാർ ബസ്സേലിയോസ് മൂവ്മെന്റിന്റെ <mark>അ</mark>ഭിമുഖ്യത്തിൽ പരിശുദ്ധ വലിയ നോമ്പിനോടനുബന്ധിച്ച് 2017 മാർച്ച് 18 മുതൽ 24 വെര കൺവൻഷനും ധ്യാനയോഗവും നടത്തപ്പെടുന്നു.

മലങ്കര ഓർത്തഡോക്സ് സൂറിയാനി സഭയുടെ അഖില മലങ്കര ബാലസമാജത്തിന്റെ ജനറൽ സെക്രട്ടറിയും, അട്ടൂർ-കടമ്പനാട് ഭദ്രാസന വൈദിക സെക്രട്ടറിയും, ഇഞ്ചപ്പാറ സെന്റ് ഗ്രീഗോറിയോസ് ഓർത്തഡോക്സ് ഇടവക വികാരിയും, കടമ്പനാട് സെന്റ് തോമസ് ഹയർ സെക്കണ്ടറി സ്ക്കൂൾ കൊമേഴ്സ് വിഭാഗം അദ്ധ്യാപകനും, എം.ജി. യൂണിവേഴ്സിറ്റിയിൽ വിദ്യാഭ്യാസ മനാശാസ്ത്രത്തിൽ ഗേവഷണ വിദ്യാർത്ഥിയുമായ റവ. ഹാ. റിഞ്ജ് പി. കോശി അട്ടൂർ നേതൃത്വം നൽകം.

Date	Programs	Venue	Time	
18/03/17	Convention (After Holy Qurbana)	St. Marys Chapel Salmiya	7.30 Pm to 9.30 Pm	
19/03/17	Evening Prayer & Convention	St. Alphonsa Hall Abbassiya	7.00 Pm to 9.30 Pm	
20/03/17	Evening Prayer & Convention	St. Alphonsa Hall Abbassiya	7.00 Pm to 9.30 Pm	
22/03/17	Evening Prayer & Convention	St. Alphonsa Hall Abbassiya	7.00 Pm to 9.30 Pm	
24/03/17	Retreat	United Indian School, Abbasiya	10.00AM to 1.00pm	

### ANTI ALCOHOLISM MOVEMENT

Monthly prayer meeting & Election General Body meeting will be held on Monday, 6th Mar 2017 at Parsonage office, Abbassiya at 7.30 pm.

# ST. BURSOUMA'S BACHELORS PRAYER

Prayer meeting will be held on Sunday, 12th March 2017 @ 7.00 PM at , Abbassiya Office Parsonage

# ST. GREGORIOS YUVAJANA PRASTHANAM

Election General Body meeting will be held on Friday 31st March 2017 at 11 AM at Abbasya Parsonage Office. All members are kindly requested to attend this meeting.

#### WORSHIP SCHEDULE

Date	Day Time		Event	Venue	
3-Mar		06:15 AM	Holy Qurbana	St. George Chapel, Abbassiya	
	Friday	08:15 AM	Holy Qurbana	NECK	
		05:30 PM	Holy Qurbana	St. Mary's Chapel, Salmiya	
4-Mar	Saturday	05:30 PM	Holy Qurbana	St. George Chapel, Abbassiya	
7-Mar	Tuesday	05:30 PM	Evening Paryer and Confession	NECK	
		06:15 AM	Holy Qurbana	St. George Chapel, Abbassiya	
10-Mar	Friday	08:15 AM	Holy Qurbana	NECK(English)	
	,	05:30 PM	Holy Qurbana	St. Mary's Chapel, Salmiya	
11 <b>-</b> Mar	Saturday	05:30 PM	Holy Qurbana	St. George Chapel, Abbassiya	
14-Mar	Tuesday	05:00 PM	Evening Paryer and Confession	NECK	
	Friday	06:15 AM	Holy Qurbana	St. George Chapel, Abbassiya	
17 <b>-</b> Mar		08:15 AM	Holy Qurbana	NECK	
		05:30 PM	Holy Qurbana	St. Mary's Chapel, Salmiya	
18-Mar	Saturday	05:30 PM	Holy Qurbana	St. George Chapel, Abbassiya	
21-Mar	Tuesday	05:30 PM	Holy Qurbana(Mid Lent)	NECK	
23-Mar	Thursday	04:00 PM	Ramban Ordination Ceremony	NECK	
24-Mar	Friday	06:15 AM	Holy Qurbana	St. George Chapel, Abbassiya	
24-iviai	Tilday	07:00 AM	Holy Qurbana	St. Mary's Chapel, Salmiya	
25 <b>-</b> Mar	Saturday	07.00 AM	Holy Qurbana	NECK(North Tent )	
23=IVIaI	Saturday	05.30 PM	Holy Qurbana	St. George Chapel, Abbassiya	
28-Mar	Tuesday	05:30 PM	Evening Paryer and Confession	NECK	
31-Mar		06.15 AM	Holy Qurbana	St. George Chapel, Abbassiya	
	Friday	08.15 AM	Holy Qurbana	NECK	
		07.00 AM	Holy Qurbana	St. Mary's Chapel, Salmiya	

#### CHURCH CALENDAR

<b>Date</b>	Event Name
-Mar	Feast of St. Apream
-Mar	Garbo – 2nd Sunday of the Great Lent (Leper's Day)
	Commemoration of L.L. Ambattu Geevarghese Mar Koorilos
-Mar	Metropolitan (Angamali)
1-Mar	40 Martyrs of Sebasthia
2-Mar	M'Shario 3rd Sunday of Great Lent(Paralytic)
7-Mar	Commemoration of L.L. Paulose Mar Severios Metropolitan (Kunnamkulam)
9-Mar	Knanaitho 4th Sunday of the Great Lent (Cananite Women),
	Commemoration of L.L. Sleeba Mar Osthathios Metropolitan(Kunnamkulam
2-Mar	Middle of Lent
5-Mar	Annun-ciation to St. Mary
6-Mar	Kpiptho – 5th Sunday of Great Lent (Crippled Women)

#### **Contact Details**

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