Chapter I

ABRAHAM – THE BEGINNINGS OF A RACE

VERSE: "Abraham believed God and it was accounted to him for righteousness." (Romans 4: 3)

- 1. How old was Abraham when Yahweh appeared before him? Abraham was **99 years** old when Yahweh appeared before him.
- 2. What law was given to Jewish boys on the eighth day of their birth?

The law was, "All the male children should be circumcised on the eighth day of birth.

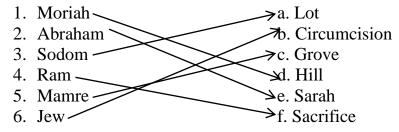
- 3. Where did the three men of God visit Abraham? The three men of God visited Abraham on the **Oak grove at Mamre.**
- 4. What is the name of the promised son born of Abraham and Sarah?

The name of the promised son born of Abraham and Sarah was Isaac.

5. Who do you think the three men were?

The three men were the **Angels of God**.

Match the following



Ans: 1 - d, 2 - e, 3 - a, 4 - f, 5 - c, 6 - b

Chapter - 2

<u>ISAAC – THE PROMISED SON</u>

<u>VERSE</u>: "These descendants of yours will conquer their enemies and be a blessing to all the nations of the earth because you have obeyed me." (Genesis 22: 18)

1. Who was Abraham's promised son?

Isaac

2. What was the name of Isaac's wife?

Rebekah

3. Name the two sons of Isaac.

Esau and Jacob

4. Who among the children did Isaac love more?

Esau

5. Who did Rebekah love more?

Jacob

6. What is meant by "eldest son rights", according to the Jewish law? How will other children take it?

According to the Jewish law, the eldest son had the right for half of his father's property, the right to retain the family name and right to receive father's blessing. It creates jealous and quarrel among other children.

7. What was Jahweh's prediction regarding Isaac's sons?

Two nations will be born out of Rebekah's womb and that elder will serve the younger.

8. Explain the bright aspect of Isaac's character?

Isaac was faithful to Yahweh. He was very loving and obedient.

9. Like his father Isaac also worshipped the true God. Explain?

Abraham and Sarah prayed to God and they got a son. Similarly, Isaac and Rebekah prayed to God and they got two sons.

10. Isaac was an obedient son. Can you prove it?

When God Asked Abraham to sacrifice his only son he obeyed God. Isaac also obeyed his father and was ready for the sacrifice. Abraham's obedience to God was a great example which enabled Isaac to obey his father in turn. So Isaac obeyed and trusted in his father out of Abraham's trust in God.

11. Where was Isaac on the evening when Elayasar was bringing Rebekah to him?

Isaac was in the field to meditate when Elayasar was bringing Rebekah to him.

TRUE OR FALSE

- 1) Ismael is the first son of Sarah FALSE
- 2) Hagar was the maid of Abraham TRUE
- 3) Isaac was the promised son TRUE

Chapter – 3

JACOB AND THE TWELVE TRIBES

<u>VERSE:</u> "Behold, children are a heritage from the Lord, the fruit of the womb is a reward." (Psalms 127:3)

Who was the younger son of Isaac?
 Jacob.

2. How did Jacob earn all blessings from his father?

Isaac was half blind when he was old. He wanted to give his blessing to Esau and he asked him to prepare his favorite dish. Rebecca overheard this conversation and prepared the favorite dish of Isaac. Jacob then went to Isaac before Esau, covering his hands with goat skin. Isaac ate in full, was satisfied and gave all blessings to Jacob believing that he was Esau.

3. Do you think it was right for Jacob to usurp the brother's rights?

No, it was not right for Jacob to usurp the brother's right as he did the same by an act of cheating.

4. Where did Jacob flee to fearing Esau? Jacob fled to his uncle Laban's house.

- 5. Name the two wives of Jacob? Leah and Rachel.
- 6. How did Jacob get the name 'Israel"? What does the term mean?

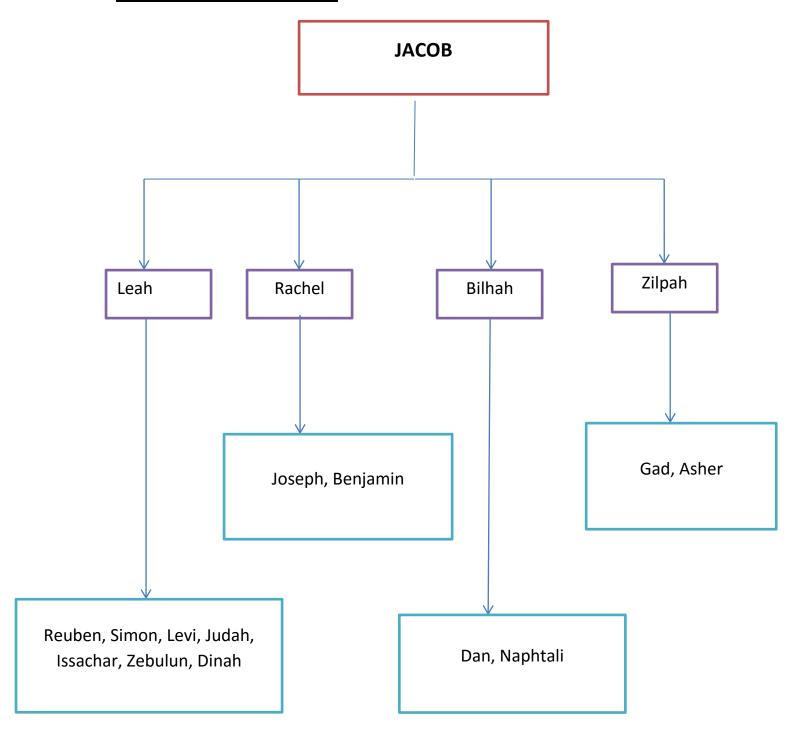
On his way back to his father's house from his uncle Laban, Jacob wrestled with an angel of God at Jabbok fork and became victorious. Hence, God gave the name Israel to Jacob.

The term Israel means "the Prince of GOD".

7. Name the thirteen children born to Jacob.

Reuben, Simon, Levi, Judah, Issachar, Zebulun, Dinah, Joseph, Benjamin, Dan, Naphtali, Gad and Asher.

FAMILY TREE OF JACOB



CHAPTER-4

JOSEPH AND HIS BROTHERS

VERSE: All the nations of the earth will be blessed through you and your descendants (Genesis 28:14)

- 1) Who among his sons did Jacob love most?
 - Jacob loved his 11th son, Joseph.
- 2) Why did the brothers feel jealous of Joseph?
 - One day Jacob made a gift of a brightly colored tunic to Joseph.
 - This caused jealousy in his brothers.
- 3) Describe the dreams of Joseph?
 - Joseph had 2 dreams. They are as below:
- 1) While he and his brothers were binding sheaves in the field, the sheaves of others bowed before Joseph's sheaf.
- 2) In the second dream, the sun, the moon and the eleven stars were found to bow before Joseph.

Fill in the blanks

- 1. In the other dream, **the Sun**, the moon and **eleven stars** were found to bow before Joseph.
- 2. The traders took him to **Egypt** and sold him to **Potiphar**, the captain of bodyguards of King Pharaoh.
- 3. **Yahoweh** gave him **great wisdom** to interpret Pharaoh's dreams.

CHAPTER-5

JACOB AND HIS FAMILY IN EGYPT

VERSE: A wise man restrains his anger and over looks insults. This is to his credits (proverbs 19:11)

1) How did the Egyptians manage the famine under Joseph's leadership?

Joseph, who was a wise minister, ordered the collection of the huge quantity of grains that were available during seven years of plenty. The collected grains were stored in the big store houses in Egypt and were used during the seven years of famine.

- 2) Why did the brothers Joseph come to Egypt? The brothers of Joseph came to Egypt to buy the grains.
- 3) Joseph's brothers could not recognize Joseph, why? Joseph's brothers could not recognize Joseph because he was wearing the chief minister's clothes and ornaments of authority.
- 4) What did Joseph tell his brothers after giving them grain? Joseph asked about their home and instructed them to bring their youngest brother Benjamin the next time they come.
- 5) Who was the brother detained in the palace? Simeon.
- 6) When did Joseph burst into tears? When Joseph saw his younger brother Benjamin he was overcome with emotions and burst out in tears.
- 7) What do you think of Joseph who did not take revenge on his brothers?

Because Joseph obeyed God's commandments and loved his family very much.

8) How Joseph did became chief minister of Egypt?

The Lord was with Joseph and gave him great wisdom to interpret

Pharaoh's dreams. Pharaoh was pleased and placed him in charge of all
the land of Egypt.

9 How Joseph's brother did recognized him?

Joseph urged his brothers to bring his younger brother Benjamin to Egypt and they did. Once Joseph saw his brother, he emotionally revealed his identity and his brothers were able to recognize him.

9) How did Jacob and his family come to live in Egypt?

Joseph, the chief minister of Egypt identified his brothers while they came to collect the grains during the time of famine. However, Joseph insisted in bringing Benjamin also to him when they come for the second time. When Joseph's brothers came for the second time, he revealed his identity and later brought his father Jacob and his entire house hold to Egypt.

Fill in the blanks:

- 1. **Joseph** took pity on his brothers and gave them **gran**
- 2. Later Joseph brought **Jacob** and his entire **household** to Egypt
- 3. Since he relied on God, the Lord delivered him from all **misery** and raised him to **high position** in life.

CHAPTER-6

CHILD JESUS IS PRESENTED AT THE TEMPLE

VERSE: The people who sat in the darkness saw a great light, and upon those who sat in the region and shadow of death, light has dawned (Mathew 4:15)

1) When was child Jesus circumcised?

ANS: Jesus was circumcised on the eighth day of His birth.

2) Why did the parents give two turtle doves as an offer sacrifice?

ANS: The parents gave two turtle doves as an offer sacrifice because they cannot afford a lamb.

3) Name two holy oils used in our baptism?

ANS: Mooron and Saith

4) The old man who blessed child Jesus at the temple?

ANS: Simeon.

5) On which day was a new born baby circumcised?

ANS: On the eighth day of birth

6) What did the parents of Jesus give as an offering of sacrifice?

ANS: two turtle doves

7) How old was Hannah, the prophetess?

ANS: The prophetess Hannah was a grand old woman.

8) What does the word 'Mayaltho" mean?

ANS: Feast of entrance to the temple

St. John Baptist and the Baptism of Jesus

VERSE: This is my beloved son, in who I am well pleased (Mathew 3:17)

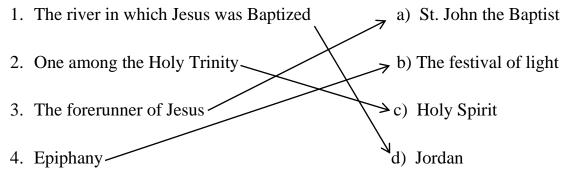
- 1. Who baptized people in the Jordan River? John the Baptist
- 2. What did the Baptist say when Jesus came to him to be baptized? Why did he say like that?

 John the Baptist replied to Jesus "I need to be baptized by you, and are you coming to me?" .He said so because he was the forerunner of Jesus.
- 3. What miracle happened when Jesus was baptized? What was the voice heard? Whose voice was it?

After the baptism of Jesus, suddenly the heavens were opened to him and the Spirit of God descended upon Him like a dove. A voice come from heaven, saying "This is my beloved Son, in whom I am well pleased." It was indeed the voice of God.

- 4. What was the voice heard from heaven?
 A voice was heard from heaven saying "This is my beloved Son, in whom I am well pleased."
- 5. When was the Holy Trinity revealed?
 The baptism of Jesus Christ is the first occasion in which the Holy Trinity (Father, son, and the Holy Spirit) is revealed.
- 6. The meaning of the word "Danaha"? The word "Danaha" means "dawn".
- 7. Do you feel Jesus needed to be baptized like other people? Yes

Match the following:



Jesus defeats the temptations of Satan

VERSES: However, this kind does not go out except by prayer and fasting (St. Mathew 17:21)

- 1. Where did Jesus go after receiving Baptism?
 After his baptism Jesus went to the desert and lived in fasting, prayer and communion with God the Father for Forty days and Forty nights.
- 2. How many days did Jesus fast and pray in the desert? Forty days and forty nights.
- 3. What was the first temptation of Jesus Christ? "If you are the Son of God, command that these stones became bread."
- 4. Who is one who tempts human beings and why? Satan tempts human beings because to make us do sins.

Jesus heals leper

VERSES: The prayer of faith will save the sick and the Lord will raise him up. And if he has committed sins, he will be forgiven. (James 5:15)

Answer the Following:

- 1) Why was the condition of a leper pitiable at time when Jesus lived? Condition of the leper was pitiable because of the following:
 - a) They had to live outside the society
 - b) they were not allowed to come in the public places
- 2) How Jesus did cured the leper?

 Jesus touched the leper and said "I am willing; be cleansed". Then the leprosy went off the leper.

1. True or False

- 1. Jesus would nurse a leper in their homes. True
- 2. If a leper is healed the priest will certify his cleansing. True
- 3. Jesus healed the leper by applying balm. False

CHAPTER 10

JESUS HEALS A MAN WHO WAS BLIND FROM BIRTH

VERSES: If you have a real faith, ask this mountain to move aside, and it will obey you (Mathew 17:21)

1. What is meant by born blind?

Born blind means a person who cannot see from birth itself.

2. What did Jesus think about the diseases?

Jesus said that the diseased from birth are not due to the sin of parents, but because the works of God be revealed through him.

3. How did Jesus heal the man who was born blind?

Jesus spat on the ground and made clay with the saliva. He applies the clay on the blind man's eyes and asked him to go and wash in the pool of Siloam. He obeyed Jesus and got his eye sight.

4. In which pool did the blind man washed his eyes?

Pool of Siloam.

CHAPTER 11

PRAYER FOR THE DEAD

VERSES: The dead do not praise the Lord, nor any who go down into silence. But we will bless the Lord from this time forth and for ever more (Psalms 115:17-18)

1.	Which is the correct term to describe the "dead people"?
	Ans. The correct term to describe the dead people is "The Departed".
2.	Which is 'the prayer for the dead' in our daily prayers?
	Ans. The prayer beginning with "O Thou, Full of Mercy "(Anugrahangal Niranjirikkunnavane)
3.	What do you mean by "dead people"?
	The term "dead" are people who died in their sins or else they are sinners or evil people.
4.	Fill in the Blanks:-
9	The righteous people are not lost by death

- a. The <u>righteous</u> people are not lost by death.
- b. The prayer "O Thou, Full of Mercy" is also known as **the prayer of Balai.**
- c. O Lord make them dwell in bosom of **Abraham** and of **Isaac** and of **Jacob.**
- d. "O Lord, **comfort** and **absolve** our departed ones, who died with hope in Thec, and await Thy coming".

CHAPTER 12

THE PRAISE OF THE CHERUBIM

VERSES: Glory to the God in the Highest (Luke 2:14)

1. What are Cherubim?

Ans. The Cherubim are host of Angels appointed by God to protect the Trace of Life in the Garden of Eden.

2. Which prayer is the praise of Cherubim?

Ans. The Kauma "Blessed is the glory of the Lord, from His place for ever....." is called the 'praise of the Cherubim' or 'Kauma of the Cherubim'.

3. Which are the days that we do not kneel down in our prayers?

Ans. We do not kneel down on Sundays, Moranaya Festivals as well as from resurrection till the Pentecost.

- 5. Fill in the blanks.
 - a. Prophet **Ezakiel** untressed the glory of God in a **vision**.
 - b. The chief basis of the true <u>faith</u> of the Orthodox Church is belief in the **Holy Trinity.**
 - **c.** The Kauma of The Cherubim contains two aspects of **glorifying God** and seeking **mercy**.
 - d. Holy and glorious **Trinity**, have compassion and **mercy** upon us.
 - e. The **adoration** of Christ is bliss **for ever**
 - f. Our eternal patron Praise unto Thee Barekmor

O Lord Awaken us from our Slumber

VERSES: For neither slumbers, nor sleeps the keeper of Israel (Psalms 121:4)

1) What is the introductory prayer in the night worship?

The introductory prayer in the night worship is ""O Lord, awaken us from our slumber..."

2) What should we do if we want to praise God's watchfulness sincerely?

If we want to praise God's watchfulness sincerely, we should keep away from sin

- 3) In the first line of prayer "O Lord, awaken us from slumber...." What do we pray for
 - We pray to let us be awakened from slumber that may lead to sin.
- 4) How does the first three lines / sentences of the prayer "O Lord, awaken us from slumber...." address God?
 - a) The first line / sentence addresses God as "Watchful one, who drowsest not
 - b) The second sentence addresses God as "Immortal and everlasting"
- 5) How do all our prayers end All our prayers end with the praise of the Holy Trinity.
- 6) In the third line of prayer "O Lord, awaken us from slumber...." What do we pray for

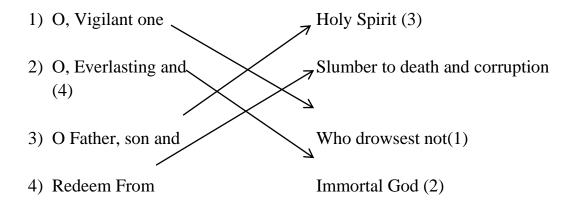
We pray to become worthy of praising God along with angels and saints.

- 7) When do we say the prayer "O Lord, awaken us from slumber..."? We say this prayer immediately after the Kauma or the prefatory prayer
- 8) What do you pray for in the song "Lord, Thy mercy on us...?: We ask for God's guard during our sleep and wants our enemy Satan to spare us from harm.

FILL IN THE BLANKS

- 1) In the **prefatory Trisagion** we confess Christ as Immortal
- 2) Our worship **brings** earth and **heaven** together
- 3) Our worship give space to the **<u>praise</u>** and **<u>glorification</u>** of God along with asking to give our needs
- 4) The song "Lord, Thy mercy on us.." was originally composed in <u>Syriac</u> by <u>Saint Mar Aprem</u>
- 5) We ask to liberate us from permanent sleep of **death** and **corruption**

MATCH THE FOLLOWING



Jesus who is the Light of the World

VERSES: I am the Light of the World (John 8:12)

- 1) When is our worship complete?

 Our worship is complete when we say all the prayers with devotion
- 2) When is the song "By the light we see the light…." Sung?
 The song "By the light we see the light…." Is sung after the morning worship, just before the beginning of the public celebration of the Holy Eucharist
- 3) What is done while singing the song "By the light we see the light…"? The candles on the Holy Altar are lighted while singing the song "By the light we see the light…"
- 4) In the song "By the light we see the light...." What is Jesus acknowledged as?

 Jesus is acknowledged as the source of light.
- 5) Which stanza of the song "By the light we see the light..." is a call for God's mercy and pardon before Holy Qurbana?
 God's mercy and pardon is sought in the stanza "Come ye sinners... seek forgiveness..."
- 6) What do we pray for in the last stanza of the song "By the light we see the light..."?

 In the last stanza, we pray for all the departed ones and pray to God for them
- 7) What do we pray for the departed We pray that on the day of Lord's glory, all of them should be made to stand at His right hand side

Fill in the Blanks

- 1) **Fasting** and **prayer** are acknowledged as acceptable sacrifice.
- 2) Grant us **cleanness** in our hearts, deeds of **righteousness** to do.
- 3) Lord grant good **remembrance** to all the **faithful** dead

Let us be awake

Verse: Watch and pray, lest you enter into temptation (Mark 14:38)

- 1) What does the song "blessed are those servants..." describe?

 The song "blessed are those servants..." describes the blessings at the second coming in store for the faithful and devout t people who work for Christ in the world
- 2) How will Christ receive who worked with Him for the whole day long? The Father will seat them for the Holy feast, the Son will serve them and the Holy Spirit will place the crowns for their heads
- 3) Who are mentioned as "Fortunate "in the song "blessed are those servants..."?
 The faithful servants who will be rewarded are mentioned as "fortunate"
- 4) What will the Father and Holy Spirit do to the faithful servants? During the royal feast The Father will seat them and the Holy Spirit will place the crowns for their heads.
- 5) Who is described as "Master" in the song "blessed are those servants.."

 Jesus is referred to as the Master
- 6) What is the stage of life referred to using the phrase "all day long"? The phrase "all day long" refers to the entire life time in the world
- 7) Why does Jesus tell the parable of the faithful servant?

 Jesus tells the parable of the faithful servant in light of His second coming
- 8) What do the Hymn "blessed are those servants..." teach?

 The hymn teaches us that we are not to sit idle but do righteous action that will please the Lord
- 9) To what is the reference of first part of the song "blessed are those servants..." made?
 The reference of the first part of the song "blessed are those servants.." is made to the parable of the faithful servant.

The Baptismal Font.

<u>Verse:</u> Unless one is born of water and the Spirit, he cannot enter the Kingdom of God (John 3:5)

- 1. What is the special description for the baptismal font?

 The baptismal font is specially described as the womb of Mother Church.
- 2. How did the font become part of the church tradition?

 The practice of using fonts for baptism made font a part of church tradition.
- 3. What is the proof for the fact that baptism of infants existed from ancient times onwards?

 In ancient churches, the fonts were attached to the church which prove that baptism of infants existed from ancient times.
- 4. What does the existence of fonts in ancient Churches prove?

 The existence of fonts in ancient churches proves that the baptism of infants was since the ancient times.
- 5. Why is the font described as the womb of Mother Church? We are born again through baptism, so the font is described as the womb of Mother Church.
- 6. Why is the font considered as the sign of Christ tomb?

 A faithful person participates in Christ's Crucifixion and resurrection through baptism. Hence a font is considered as the sign of Christ's tomb

True or false

- a. In ancient churches fonts are not attached to the church.(False)
- b. Those who are baptized become brother /sister of Jesus Christ The font is a sign of Virgin Mary.(True)
- c. St. John the Baptist, baptized Jesus in River Jordan.(True)

The Censor

<u>Verse</u>: Let my prayer be set before you as incense, the lifting up of hands as the evening sacrifice (Psalms 141:2)

- 1. How did incense burning originate in the Christian tradition? Incense is made during prayers of Canonical hours, the Holy Eucharist and rituals of other sacraments.
- 2. Describe the structure of the censor?

 Censor consists of two bowls, chains, bells, charcoal and frankincense.
- 3. What does censor indicate?

 The incense bowl stands for universe.
- 4. What do the two cups or bowls of the censor stand for?

 The upper cup or bowl stands for heaven and the lower bowl indicates earth.
- 5. What do charcoal and fire indicates? The charcoal in the incense bowl indicates the sinful mankind. When sinful people repent and do good deeds, the Holy Spirit comes on them. The life and prayer of such people rise up as sweet smelling from the fire.
- 6. How many chains are there for the censor? What do they signify? There are four chains for the censor. The first chain represents God the Father. The second and third chains represent God the Son who has two natures, human and divine. The fourth chain indicates God the Holy Spirit.
- 7. What do the twelve bells represent?

 The twelve bells represent twelve apostles and their teachings.

The Holy Eucharist: Meaning and Importance.

<u>Verse:</u> And He took bread, gave thanks and broke it, and gave it to them, saying "This is my body which is given for you, do this in remembrance of me (Luke: 22:19)

- Describe the origin of the term 'Holy Qurbana', and its meaning.
 Qurbana is a Syriac word. It originates from Syriac root 'kareb'.
 'Korobo' means sacrifice or offering. The word Qurbana for Holy
 Eucharist used in Malayalam is a loan (borrowed) word from Syriac and it means "gift" or "submission of sacrifice"
- 2) Which are the two words used in Orthodox Churches to describe the Holy Eucharist (Holy Qurbana)?

The two words used to describe Holy Qurbana are Holy Liturgy and Holy Eucharist.

3) Explain how Jesus Christ founded the Holy Eucharist?

While Jesus and his disciples were eating in a furnished house on the first day of unleavened bread, Jesus took the bread blessed and said, "Take, eat, this is my body." Then He took the cup and said "This is my Blood...". Then Jesus commanded his disciples to remember and proclaim Lord's death till he comes, whenever they eat this bread and drink this cup. This is how Jesus founded Holy Eucharist.

4) Why Holy Eucharist is called then 'Holy Communion'?

The people who partake Christ's flesh and blood say that they have taken the communion in the body and blood of Christ. Thus Holy Eucharist is also called as Holy Communion.

Match the following:

Rearrange the spellings given below into a meaningful word

a) RUGILTY \rightarrow LITURGY

b) SALT PEPSUR \rightarrow LAST SUPPER

c) ANQURAB \rightarrow QURBANA

d) SAMIS \rightarrow MISSA

Fill in the Blanks

Now on the <u>first</u> day of the unleavened Bread, when they killed the Passover <u>lamb</u> Jesus sent out two of his <u>disciples</u> and said: Go into the city and a man will meet you carrying a pitcher of water. Tell him that the teacher says". Where is the <u>guest room</u> in which I may eat the <u>Passover</u> with my disciples? He will show you a <u>large upper room</u> furnished and <u>prepared</u>. There make ready for us.

Lesson -19

Preparation for Receiving the Holy Eucharist

<u>Verse:</u> Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord (1 Cor 11:27)

What are the prayerful preparations for the Holy Communion?

Those who attend the Holy Eucharist and partake in the Holy Communion should prepare themselves well. This preparation should begin on Saturday itself. This includes preparatory prayers, hygiene, food control, control of thoughts etc.

1) How should we arrange our diet for attending the Holy Eucharist?

To attend the Holy Eucharist, we should regulate our diet from the previous day evening onwards. It is always preferred to have a light dinner at home itself by excluding meat or fish. We should not eat or drink in the morning before going to church.

2) Describe on the morning preparations and dress for attending the Holy Eucharist

We should wake up early in the morning, complete our morning activities including shower.

- 3) What did St. Paul say about the fate of those who take Holy Communion without proper preparation?
- St. Paul in 1Cor11.27 say that whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord.

True/False

- 1. Those who go to attend the Holy Eucharist can drink bed coffee- False
- 2. Don't attend the Holy Eucharist without the liturgical book True
- 3. Begin your preparation for the Holy Eucharist on Saturday True
- 4. Those who participate in the Holy Eucharist can wear any dress.-False

Lesson -20

Holy Bible

Verse: "Oh, how I love your law? It is my meditation all the day (Psalms 119:97)

1) How should we use Bible?

We should keep and handle the Holy Bible with respect and care. Also, we should read Holy Bible daily, listen it carefully, assimilate the word of God, memorize as many as verses as possible and tell the Bible stories to others.

2) Which books describe the life and work of Jesus Christ?

The Four Gospels namely St. Mathew, St. Mark, St. Luke and St. John describe the life and work of Jesus.

3) How many Books are there in the Holy Bible which we use now?

There are 39 books in the Old Testament and 27 books in the New Testament.

4) How Many Gospels are there in the Holy Bible.? Which are they?

There are four Gospels in the Holy Bible.

- 5) What are the psalms do we use most in our daily worship? Psalms 23 & 51
- 6) What do you mean when you say Bible is the Word of God? Bible is the Word of God as it contains the words spoken by God to man
- 7) Why do we call the two parts of the Bible as Old and New Testament? Old Testament covers books and events that were written before Christ. Books in the New Testament was written after the birth of Christ by Christ's disciples and early Church Fathers.

Fill in the Blanks

- 1. The two parts of Holy Bible are **Old Testament** and **New Testament**
- 2. As per Orthodox Canon, there are <u>46 books</u> in the Old Testament and <u>27</u> books in the New Testament.
- 3. **St. Paul** has written maximum number of books in the New Testament.

Chapter – 21

Christ's Cross - My Boast

Verse: But God forbid that I should boast except in the cross of our Lord Jesus Christ (Galatians 6:14)

- The Syriac name for the Cross?
 The Syriac name for the Cross is "Sleeba"
- 2. What was the cross used for before the time of Christ? The cross was used as gallows for executing criminals before the time of Christ.
- 3. Why do we bow before the cross? The practice of bowing and falling on our knees existed in the Christian church since its beginning and this practice is continued today also.
- 4. Is it idolatry to bow before the cross, and why? Bowing before the cross is not Idolatry because here we are not worshipping the cross but we see Jesus through the eyes our Spirit and venerate the Cross.

Fill in the blanks;

- 1. The cross is the sign of <u>victory</u> and the <u>symbol of salvation</u>.
- 2. We wear the cross as the **sign** of being **Christians**.
- 3. We recall the **salvation** won for us by Christ when we make the sign of the **cross**

Chapter - 22

Great Men of God – St. John the Baptist

<u> </u>	
1) Name the parents of St. John the Baptist?	
The parents of St. John the Baptist are Zachariah and Elizabeth	.•
2) What was the message given by God's angel to priest Zachariah	?
The God's angel informed Zachariah that a son will be born to	him
3) What was special about the life of John the Baptist?	
John grew up lonely, ate simple food and wore rough cloths.	
4) What is the meaning of the word "Baptist"?	
A Baptist is a person who baptizes others to begin the activity of Kingdom Heaven.	of the
5) Give the name of St. John the Baptist's mother? Elizabeth was the mother of St. John the Baptist.	
6) Who was the king who beheaded St. John the Baptist? King Herod beheaded St. John the Baptist.	
7) "; for "the kingdom of heaven is at hand" How was realized. Repent for the kingdom of heaven is at hand. This was realized Jesus though sinless, got baptized by St. John.	
 8) Tick the right option: What was John the Baptist's father Zachariah? a. Tent maker b. Fisher man c. Priest d. Carpenter II. How did King Herod execute John the Baptist? a. Crucified him b. Crucified head down on the cross c. Threw him to animals d. Beheaded him 	
III. What was unique about St. John's character? a. Indifference to everything b. Tolerated everything c. Fearlessly questioned all wrong doing d. Was afraid of losing his head	

CHAPTER 23 KURIAKOSE MAR GREGORIOS (PAMPADY THIRUMENI)

Verse: Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct (Hebrews 13:7)

- 1) Who are officially declared as saints of Malankara? Mar Gregorios of Parumala and Mar Dionysius Vattasseril
- 2) Name five Church Fathers who led a saintly life Mar Gregorios of Parumala, Mar Dionysius Vattasseril, H.H.Mar Baselios Geevarghese II (Kurichy Bava), Pathrose Mar Osthathios and Kuriakose Mar Gregorios(Pampady Thirumeni)
- 3) Who was Pampady Thirumeni's teacher? St. Vattasseril Mar Dionysius.
- 4) Name the bishop who founded the "Servants of the Cross" society and evangelized several people and brought them to the Church's fold Pathrose Mar Osthathios.
- 5) Which act of the boy named Kuriakose attracted the bishop Paulose Mar Athanasius of Kadavil?

 The boy Kuriakose scooped away in his hands, the cow dung that was lying on the courtyard of the church. This act attracted the bishop Paulose Mar Athanasius of Kadavil
- 6) What do you understand by the term "Monastry"?

 Monastery is a place (building) where monks or nuns live, work and pray.

Select the right option

- 1) The place where Pampady Thirumeni visited and prayed for healing the plaque victims
 - a) Pampady, b) Kottayam, c) Parumala, d) Kunnamkulam
- 2) Who Compled Kuriakose Mar Gregorios to be ordained as a Metropolitan
- a) H.H.Baselios Geevarghese 2 b) Geevarghese Mar Dionysious of Vattasseril
- c) Geevarghese Mar Gregorios of Parumala d) Pathrose Mar Osthathios
- 3) The name given to Pothenpuram Hills by Pampady Thirumeni
 - a) <u>Tabor Hills</u> b) Baselios Monastery c) Carmel Monastery d) Bethany Monastery

Humility: The path to greatness

Verse: Take my yoke upon you and learn from me, for I am gentle and lowly in heart (St. Mathew 11:29)

1) Who is the humblest man described in the Bible? Prophet Moses was the humblest man on earth

2) Define Humility

Humility is a mixture of qualities like self-control, lack of egocentrism, withdrawal from opinions that hurt others, moderation in conversation, gentleness in behavior etc.

3) Who is the head of the prophets? Moses was the head of the prophets

Fill in the blanks

- a) Blessed are the **meek** for they shall inherit the earth
- b) And Jesus increased in <u>wisdom</u> and <u>stature</u> and in <u>favor</u> with God and men
- c) Take my **yoke** upon you and learn from me, for I am **gentle** and **lowly** in heart.

Chapter 25 Truth: A valuable Treasure

Verse: "Therefore, putting away lying. Let each one of you speak truth with his neighbor", for we are members of one another (Ephesians 4:25)

- 1) State a verse that reveal the greatness of truth?
 Philippians 6:14 says "Stand therefore, having your girded your waist with truth, having put on the breast plate of righteousness"
- 2) Name the couple who hid the truth? Ananias and Saphira
- 3) Name the couple who upheld the truth? Acquillas and Preskilla
- 4) Name a few great men who were known for their truthfulness in life, from world history?
 Mahatma Gandhi and Martin Luther king Junior